

WHERE DO I BEGIN?

If your child has never skated and/or taken a class before, you should refer to our class descriptions for guidance on enrollment or contact us at 740-349-6784 for assistance.

If your child has taken classes with us in the past, please refer to the evaluation sheet you received during their last attended session. If you do not have this, please let us know and we can review their records.

If your child has not taken classes, but has some experience skating, please contact us at 740-349-6784 and we can discuss their experience and schedule an evaluation for proper class placement.

CLASS DESCRIPTIONS

All Tot classes will cover balance, proper falling, skating unassisted forward and backwards. Games and toys are utilized in instruction to keep tots engaged. Each class builds on skills from previous class.

Tot I: Skaters 3-5 years old who have never skated or taken lessons.

Tot II: Pre-requisite: Passed Tot I test

Tot Advanced: Pre-requisite: Passed Tot II

Pre-Alpha: Designed for skaters who are age 6 and older and have never skated or taken lessons before. Will learn to skate unassisted, gliding, and backward and forward skills.

Alpha: Pre-requisite: Passed Pre-Alpha test. Skills covered include forward skating/stroking, strides, forward crossovers on a circle, and one foot snowplow stop.

Beta: *Pre-requisite: Passed Alpha test.*Skills covered include backward stroking, backward crossovers on a circle and T stops.

Gamma: Pre-requisite: Passed Beta test. Intended for more advanced skater who is comfortable with forward and backward skating. Skills covered include outside 3 turns, 7 step Mohawk and hockey stops.

Delta: Pre-requisite: Passed Gamma test. Skills covered include forward inside 3 turns, forward inside and outside edges, bunny hop, shoot-the-duck, and lunges. When skaters pass this level, they are able to join freestyle classes.

Adults: Designed for ages 18 and over. We work with your comfort and skill level from beginner to advanced.



BASIC SKILLS ACADEMY

WWW.LGRIA.ORG

TUESDAY CLASSES

6:00 PM - 6:30 PM (30 min class) Tot I, Tot II, Tot Advanced, Pre-Alpha, Adults

Cost: Summer, Fall I, Fall II \$140 per session (7 weeks each)

6:30 PM - 6:45 PM Practice ice for all skaters enrolled in Tuesday classes

6:45 PM - 7:30 PM (45 min class) Alpha, Beta, Gamma-Delta

Cost: Summer, Fall I, Fall II \$168 per session (7 weeks each)



TUESDAY SESSION DATES

<u>Summer Session: July 18 - August 29</u> July 18, 25 August 1, 8, 15, 22, 29

Fall I Session: September 5 - October 17 September 5, 12, 19, 26 October 3, 10, 17

Fall II Session: October 24 - December 12 October 24, 31 November 7, 14, 28 * No Class November 21 December 5, 12

SATURDAY CLASSES

8:15 AM - 8:45 AM (30 min class) Tot I, Tot II, Tot Advanced, Pre-Alpha, Adults

Cost: Summer and Fall II \$120 per session (6 weeks each)

Fall I \$140 (7 weeks)

8:45 AM - 9:00 AM Practice ice for all skaters enrolled in Saturday classes

9:00 AM - 9:45 AM (45 min class) Alpha, Beta, Gamma-Delta

Cost: Summer and Fall II \$144 per session (6 weeks each)

Fall I \$168 (7 weeks)

SATURDAY SESSION DATES

<u>Summer Session: July 22 - August 26</u> July 22, 29 August 5, 12, 19, 26

F<u>all I Session: September 9 - October 21</u> September 9, 16, 23, 30 October 7, 14, 21

Fall II Session: October 28 - December 9
October 28
November 4, 11, 18

* No Class November 25
December 2, 9



EACH REGSITERED SKATER RECEIVES:

- Use of rental skates for class, if needed. No additional charge.
 Sizes start at child's 8 through adult 14.
- A class card that will include 1 star for every paid class, which gives admission to public skates (Holiday skates and Lights Out at the Lou are excluded).
- To register, go to our website and go to "login" to create an account. You can then register and pay from our registration page.